

**ACT for Today**  
**Affiliation of Catholic Therapists**

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**AUTHORIZATION TO RELEASE INFORMATION**

I, \_\_\_\_\_,  
**(name of client)**

(hereinafter "Client") hereby authorize \_\_\_\_\_,  
**(name of psychotherapist)**

(hereinafter "Provider") to disclose mental health treatment information and records obtained in the course of psychotherapy treatment of Client, including, but not limited to, therapist's diagnosis of Client, to:

\_\_\_\_\_  
**(name)**

I understand that I have a right to receive a copy of this authorization. I understand that any cancellation or modification of this authorization must be in writing. I understand that I have the right to revoke this authorization at any time unless Provider has taken action in reliance upon it. And, I also understand that such revocation must be in writing and received by Provider to be effective.

This disclosure of information and records authorized by Client is required for the following purpose:

\_\_\_\_\_  
The specific uses and limitations of the types of medical information to be discussed are as follows **(be as specific as you choose)**:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Such disclosure shall be limited to the following specific types of information:

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Therapist shall not condition treatment upon Student signing this authorization and Student has the right to refuse to sign this form.

Student understands that information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by the HIPAA Privacy Rule, although applicable California law may protect such information.

This authorization shall remain valid until: \_\_\_\_\_

Client's signature: \_\_\_\_\_

Date: \_\_\_\_\_